

## Art@South

Big thanks to our Art@South group for beautifying our foyer and café with these bright, colorful and interesting pots!

Pot design is just one of the Art@South projects participants get to do as part of this program. The classes are a great way to relax, be creative and meet people with similar interests.

All materials provided and no experience or artistic ability required. Everyone welcome!





opportunity » growth » lifestyle

Classes run fortnightly from 1pm - 4pm. Come down to our next class on Friday, 12 April.

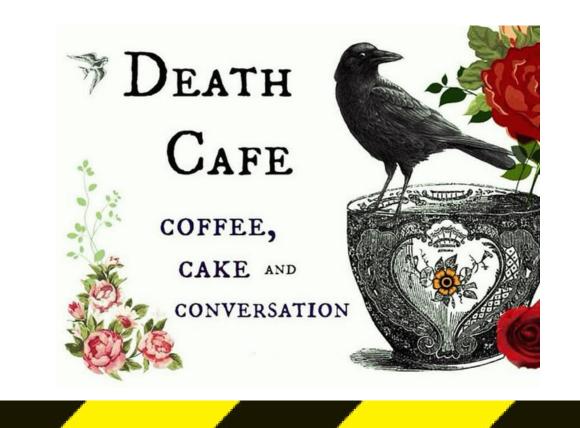
Cost \$3.00

# **Under Construction**

Thank you to all who took part in last month's workshop survey! We received some fantastic feedback and this helped us better understand the topics you are interested in hearing more about.

Many people showed interest in learning more about dying, death, and related topics and we're pleased to announce this topic as the first in our workshop program. We have successfully arranged for Jennifer Ulyatt from Mornington Peninsula Death Cafe to run three free workshops for the local community. The first information session **'Talking Death with Jen' will run 28 May 10.30am - 11.30am.** Other sessions to be advised.

Light refreshments provided. Bookings are not required, but if you could let us know if you are coming so we can cater accordingly.



### **Exercise Classes Update**

Our Fab and Fit and Twinges in the Hinges exercise classes have been a massive hit this year. Due to a surge in popularity we had to introduce a capping and booking system to maintain safety and enjoyment for all.

We are pleased to announce that commencing Term 2 (15 April - 30 June), we are adding extra classes on Tuesdays to meet demand which is a temporary solution while we continue to work on a permanent solution.

An expression of interest is being used to manage numbers and current participants have been advised about the process. Participants have been assigned classes as close to being in-line with their expression of interest forms. New participants will be offered classes where there is availability and if not, will be put on a waitlist.

- Twinges in the Hinges Tuesday 10.30am-11.30am
- Fab & Fit Tuesday 11.30am-12.30pm

#### Learn Local Courses

Our Café Creations introduction to hospitality and Barista Basics and Crash Course Coffee short courses are proving to be terrific tasters for students to get some confidence, skills and hands-on hospitality experience!

All courses are fully booked this April, but if you would like more information about our upcoming courses please call us on 9293 7122.

Unlock your potential and transform your tomorrow with Frankston City Learn Local!





Skills for study work and life

# **Walking Football**

Our walking football program is providing a great opportunity for participants to stay active, socialise and enjoy some fun! Every week, we play a modified, slower-paced version of the world's game indoors, with 5-6 players on each side. Beginners and experienced players are welcome. You'll need reasonable fitness and mobility to participate. Join us on Tuesdays from 1pm to 2pm. Cost is \$2.



### **Room Hire**

Room	23/24 Rates (Hr)	Capacity
Stadium		200
Community	\$35	
Commercial	\$42	
Energise Room		30
Community	\$26	
Commercial	\$31	
<b>Relaxation Room</b>		10
Community	\$24	
Commercial	\$26	
Meeting Room 1		20
Community	\$23	
Commercial	\$26	
Meeting Room 2		25
Community	\$26	
Commercial	\$29	

As part of our purpose to engage, empower and strengthen our local community, we offer room hire at the Centre for programs and facility use responsive to community needs.

Request to hire forms can be found on our website or please call us on 9293 7122 to discuss your needs and room availability.

Applications for hire are assessed within 5 business days. Parties are prohibited.