

FRANKSTON SOUTH COMMUNITY AND RECREATION CENTRE

Newsletter | SUMMER 2024-25

Summer is here at Frankston South Community and Recreation Centre!

As the sun shines brighter and the days grow longer, Frankston South Community and Recreation Centre (FSCRC) is thrilled to dive into the energy and warmth of summer! Operated by Frankston City Council, we're here to provide a vibrant, welcoming space where our community can connect, thrive and make the most of this sunny season.

This summer, we're excited to introduce our new **Warhammer Club** for young people, a creative and engaging space for strategy, storytelling and fun.

For those looking to reflect and connect, join our health and wellbeing talks, this summer includes the thought-provoking **Death Café** and informative sessions by **Dementia Australia**. To round off 2024, we'll be spreading festive cheer at our **Christmas Morning Tea**—a wonderful way to gather and celebrate with your local community.

This summer, FSCRC is your place to shine, connect and make memories. We can't wait to see you here!

To unsubscribe from this newsletter please email us at fscrc@frankston.vic.gov.au or call us on 9293 7122.







www.bearbooth.com.au







Holiday Closure



FSCRC will be closed for the holiday period from Tuesday 24 December 2024 and will reopen on Monday 13 January 2025.

We wish you and your loved ones a safe and joyful holiday season. We look forward to welcoming you back in the new year!

Celebrating Outstanding Leadership: Graeme Receives an Award



We're delighted to announce that one of our team, Graeme Ferguson, has been recognised with a Corporate Excellence Award for his outstanding leadership!

Graeme is a reliable and steady presence in our team, consistently contributing to its success. He oversees our Learn Local training programs and recently coordinated the relaunch of Frankie's Café with volunteers which has revitalised the cafe. His efforts have also provided valuable opportunities for participants and fostered stronger connections within the community.

Congratulations Graeme - this award is well deserved!





FSCRC Christmas Morning Tea

Join us for a festive celebration filled with cheer and community spirit!

Date: Tuesday 17 December **Time:** 10:30 am – 12:30 pm

Location: Frankston South Community and Recreation Centre

Enjoy light refreshments while enjoying Christmas carols performed by the Overport Primary School choir. Best of all, it's **free!**

To RSVP, please contact us:

Phone: 03 9293 7122

Email: fscrc@frankston.vic.gov.au



Upcoming Events @ FSCRC in Summer

Death Cafe

The popular Death Cafe's with Jennifer from *Death Cafe Australia* are set to return in 2025! These unique gatherings provide a supportive and open space to discuss death, dying and life's final chapter in a warm, inclusive atmosphere. The Death Cafe encourages connection, reflection and the sharing of stories, all over a comforting cup of tea or coffee and Jennifer brings years of experience and compassion the the conversations.

♠ Date: Wednesday 12 February
☼ Time: 10:00 am – 11.00 am

Location: FSCRC



Celebrate the Festive Season with Us at FSCRC!

Date: Tuesday 17 December
Time: 10:30 am – 12:30 pm

Location: FSCRC

Get into the holiday spirit with light refreshments while enjoying a special performance of Christmas carols by the talented Overport Primary School choir. Tap along to the festive tunes and feel the joy of the season all around you.

This is a wonderful opportunity to connect with others in your community and share the joy of the season. Best of all, it's completely free as our way to say thank you for all your support in 2024!

To help us prepare, please RSVP by contacting us at:

**** Phone: 03 9293 7122

Email: fscrc@frankston.vic.gov.au







Creating a Dementia Friendly Home

📅 When: Thursday 27 February

🖰 Time:10 am – 12:30 pm

Where: FSCRC

Learn how dementia affects perception and discover practical tips to create a supportive home environment for loved ones living with dementia.

What you'll learn:

- How dementia impacts perception
- Practical strategies to support loved ones living with dementia
- Tips to create an enabling and supportive home environment

Who should attend?

This free session is for people with dementia and their family carers.(Note: Not suitable for health or aged care professionals.)

Don't miss this opportunity to gain valuable insights and practical tools for a more dementia-friendly home.



Discover Warhammer

Do you know someone curious about the world of Warhammer? Warhammer is a tabletop game of strategic battles in fantasy or futuristic worlds. The FSCRC Warhammer Club is the ultimate hub for creativity, strategy and fun!

Build and paint awesome models, craft stories for your armies and engage in exciting gameplay that sharpens your critical thinking. Whether you're new to Warhammer or a seasoned player, everyone is welcome in this inclusive and supportive space.

Location: FSCRCAge: 12-17 years

\$ Cost: free

To Date & Time: time and day coming soon!

For more information or bookings: (03) 9293 7122 fscrc@frankston.vic.gov.au.







Warhammer Club

If you're aged 12 to 17 and interested in exploring the world of Warhammer, the FSCRC Warhammer Club is the place for you!

Build awesome models, unleash your creativity by painting miniatures and tell epic stories about your armies. You'll also sharpen your critical thinking with strategic gameplay that makes you think on your feet.

We're all about inclusivity here, so whether you're a newbie or a seasoned pro, you'll fit right in. Make new friends, collaborate on cool projects and enjoy friendly competitions in a supportive and safe atmosphere.

All resources and materials provided. See you there!

Date

Time and day coming soon!

Location

Frankston South Community and Recreation Centre

Cost

Free

For more information or bookings call FSCRC (03) 9293 7122 or email fscrc@frankston.vic.gov.au



Community Story: Chanikarn

When Chanikarn first joined our Learn Local Café Creations program in August 2024, she wasn't sure where it would lead. But as her passion for hospitality grew, so did her confidence, skills and experience.

Throughout the program, Chanikarn refined her ability to connect with customers, focused on the little details that make a big difference, and embraced guidance to improve her work. Her determination and willingness to learn shone through, even as she navigated the added challenge of English being her second language.

After completing Café Creations, Chanikarn volunteered at Frankie's Training Café for several weeks, where she built strong relationships with customers and further developed her skills. This hands-on experience paid off, landing her a job shortly after.

"I've learned so much and gained the confidence to take on new challenges," Chanikarn shares. "This journey has truly changed my life."

Her story is a testament to the power of learning, perseverance and the impact of having real-world work experience opportunities.

Well done Chanikarn, wishing you the best of success!

Note: Learn Local courses are returning in 2025. For more details, please contact FSCRC at fscrc@frankston.vic.gov.au, call us on 9293 7122.







Dad Time 2024 - Happy Snaps!











