

Playgroup Newsletter



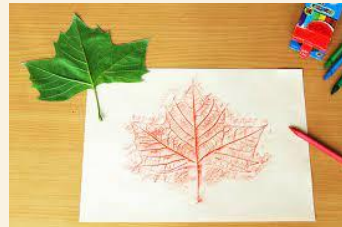
April 2022

Playgroup in the Park

It was great to see so many families celebrating National Playgroup Week. We got some great feedback from families about what they would like to see moving forward. Keep an eye out what's happening in Term 2 😊



Activity ideas you can do at home.



What you will need.

- Fallen leaves
- Wax Crayons
- White paper

Benefits of leaf rubbing

- Getting out in nature/garden
- Exploring colour's, textures, patterns.
- Extends child's language bigger, smaller, round, pointy. Rough and smooth.
- Discuss the different seasons



What you will need.

- Selection of dry leaves.
- PVA or Glue stick
- Paper for creation.

Benefits of leaf animals.

- Getting out and about exploring nature
- Discussions about what they could create with their collection allowing them to use their imagination.
- Strengthens hand muscles to help with drawing and eating.
- Explore different language such as Large, smaller, heavy. Light, fluffy, spinney, dark and light.
- Exploring colour's, textures, patterns.



Programs and Playgroups

The Victorian Government Department of Education and Training's [Play Learn Grow text message program](https://www.vic.gov.au/play-learn-grow-text-message-program) is for parents and carers of two-year-old and three-year-old children in Victoria. Parents and carers who sign up will receive three personalised text messages a week for the duration of the program. The messages will include practical advice, information, and ideas of easy activities to do while at home.

<https://www.facebook.com/RaisingChildrenNetwork/posts/334305928742715>



Play Learn Grow Text Message Program

Get practical tips to your phone from leading early childhood experts, for free!

What is Play Learn Grow?

Play Learn Grow is a free text message program developed in collaboration with leading early childhood experts to support parents and carers of children aged two or three.

What does participation involve?

Parents and carers will receive three text messages a week for the duration of the program, with practical advice and fun and easy activities to support your child's learning, development and wellbeing at home.

The program is specifically designed to support:

- the learning, development and wellbeing needs of children aged two or three, helping to lay the foundations for children to have success later in life; and
- the wellbeing needs of parents and carers.

Who can sign up?

All parents and carers living in Victoria with children aged two or three.

Sign up today. It's free! Text PLAY to 0428 606 027

www.vic.gov.au/play-learn-grow-text-message-program



Karingal Heights Primary School Playgroup



A fun-filled facilitated playgroup for children 0-5 years and their parents/carers to come together to play and interact

Join us for:

- Play-based activities
- Arts & crafts
- Stories & songs
- Conversation & laughter

WHEN: Every Thursday morning
Start Date: March 24th
(school term only)

TIME: 9:00AM - 10:30AM

WHERE: Karingal Heights Primary School
Havana Crescent, Frankston

COST: Free.
BYO snack and water

Playgroup will be conducted outdoors weather permitting

Our playgroup is open to ALL local families, not just KHPS families! No need to pre-register, just come along and join in the fun

Vaccination status will need to be shown in line with the Victorian Government Vaccination requirements as well as following all Covid safe plans.

Parents and carers are to stay with their children during sessions and are responsible for their own children at all times

Enquiries: For more information, please contact
Deb on 0409 081 283 email: deborah.li@anglicarevic.org.au



**KARINGAL HEIGHTS
PRIMARY SCHOOL**

anglicarevic.org.au

BETTER
TOMORROWS

Whats on?

Story time at the Library – Story time is so much fun you will get to meet local families while learning new stories and songs. click below link to find time and session to suit.

<https://library.frankston.vic.gov.au/FrankstonLibraries/Events/Storytime>

We are getting back to nature with our 'Garden' theme. Let's share with our little ones all the wonderful magic that happens in the garden, while enjoying a day filled with colour, laughter and stories.



<https://whatsonfrankston.com/event/15267138-a/party-in-the-park>

What is a Supported Playgroup?

Supported Playgroups are a safe and friendly place for you and your child to have fun while receiving parenting tips and support. Sessions are run weekly during school terms by qualified early years professionals in your local community. Please click the link below to find out more.

<https://www.frankston.vic.gov.au/Our-Community/Family-Services/Playgroups/Supported-Playgroups>

Expression of interest

Are you interested in facilitating a Community Playgroup? Perhaps there isn't a playgroup running in your area and you would like to start one?

Playgroups are a great social activity for you and your child. Facilitating a playgroup is also a way of building new skills that can lead to future opportunities. Training can be provided as well as ongoing support.

For all playgroup inquiries you can contact the Playgroup Development Officer on 9293 7156 or email

playgroups@frankston.vic.gov.au

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