

Playgroup Newsletter



March 2023

Pop Up Playgroups

We move to a new location in March, join us at Lady Emily Reserve in Skye as we continue the fun we have at Pop Up Playgroup.

<https://www.frankston.vic.gov.au/Our-Community/Family-Services/Playgroups/Pop-up-Playgroup>.



We will also be celebrating National Playgroup Week on 23 March at Lady Emily Reserve 9.30am – 11.30am

Scan the QR code below to book in



Come along and find information about your local playgroup.

Whats on?


Introducing a New Pop Up Baby Playgroup for Babies under 12 months.

Bookings open every Wednesday

Pop up Baby Playgroup



Parents, caregivers, grandparents are welcome to join us for a Pop up Baby Playgroup session, explore a range of activities from music to story time, and meet other local families you will also have the chance to speak to the team about finding a local Playgroup, Supported Playgroup and Kindergarten registration.

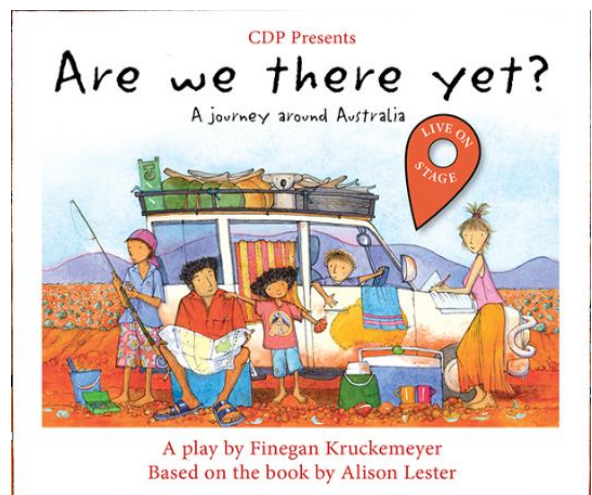
Aldercourt Primary School Silver Ave Frankston North Community Room Time: 1.00-2.30pm Term 1 dates February: 8, 15 and 22 March: 1, 8, 15, 22 and 29 April: 5 https://www.trybooking.com/CFKH	For Babies under 12 Months Please book via Try booking 	Benefits of coming to playgroup <ul style="list-style-type: none">• Meet other families• Get out and about• Supportive environment• Share ideas and information• Have fun, relax and build friendships• Introduce your baby to new surroundings• Learn some new songs• Play and explore• Bubbles !!!• and so much more feel free to contact me 9299 7156 or Elaine.Turner@frankston.vic.gov.au
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Pop up Baby Playgroup is a free playgroup please remember your hats, drink bottles and snacks. If your baby is over 12 months please come to our Pop up Playgroup check website for details.

Frankston City Council
PO Box 490, Frankston 3199
1300 322 322 (playgroup@frankston.vic.gov.au) frankston.vic.gov.au



<https://artscentre.frankston.vic.gov.au/Whats-On/Season-Shows/Are-We-There-Yet>



Get Active Victoria

Round 6 of the Get Active Kids Voucher Program is now open! Victorian families with a Health Care Card or Pensioner Concession Card can apply for up to \$200 to support their child's sport and active recreation activities. Find out more at www.getactive.vic.gov.au/vouchers Applications close Wednesday, 10 May 2023.



Get \$200 to help your child play sport!


getactive.vic.gov.au





Creating Confident Kids Workshop

Family Life has teamed up with Stride Education to deliver **Creating Confident Kids**

Come along to our online Workshop to learn strategies to help your Kids with their feelings of Anger and Anxiety!

Do you worry about your Kids Anger and Anxiety?

Would you like:

- Some strategies to help your Child with their feelings of Anger & Anxiety?
- To know more about Resilience & tips to build resilience in your Child?
- To know more about Emotional Intelligence & tips to raising an emotionally intelligent Child?
- Strategies to support healthy friendships & tips to talk to your Child about Bullying?
- Strategies to build your child's self-esteem and deal with setbacks?
- Strategies on how to talk and connect with your children?
- Top tips for taking care of yourself?

A must attend for Parents and Carers living in the Mornington Peninsula Shire and Frankston City with Children 5 – 12yrs old.

Online: via Zoom
Date: Tuesday 2nd of May 2023
Time: 7pm to 8.30pm
Cost: FREE but bookings are essential and spaces limited



Book by clicking the Eventbrite link

Follow us on Social Media
www.familylife.com.au







FRANKSTON YOUNG BUBS PLAYGROUP

NEWBORN TO 2 YEARS

wednesdays 3.15pm
 lakewood maternal & child health centre

FrankstonYoungBubsPlaygroup@hotmail.com



What is a Supported Playgroup?

Supported Playgroups are a safe and friendly place for you and your child to have fun while receiving parenting tips and support. Sessions are run weekly during school terms by qualified early years professionals in your local community.

Supported Playgroup is a great way to meet other families in your local area and one-on-one in-home support is also optional for eligible families.

These playgroups are supported by the Department of Families, Fairness and Housing and are free to attend.

Who is eligible to attend?

Supported Playgroups are available to:

- families with a Commonwealth Health Care Card (or visa equivalent for refugees and migrants)
- children aged from birth up to school age.
- families where a family member who has identified as Aboriginal and/or Torres Strait Islander;
- families who are looking after children in kinship care (out of home care);
- families referred by Child FIRST
- families referred from or receiving Enhanced Maternal and Child Health services

Supported Playgroups are currently located in the following venues:

- Aldercourt Primary School - Frankston North
- Lyrebird Community Centre - Carrum Downs
- Lakewood Child & Family Centre - Frankston
- Karingal Place - Karingal
- Orwill Street Community House - Frankston
- Mahogany Rise Child and Family Centre - Frankston North

More Information

Playgroups will run in line with all current Covid guidelines.

To find out more about our Supported Playgroup sessions please call Council's Playgroup Development Officer on 9293 7156 or email playgroups@frankston.vic.gov.au



Supported Playgroups:

For eligible families with children aged 0-5 years

- Weekly (school term)
- Fun play activities for adults and children
- Parenting tips and ideas
- Meet others
- One-on-one support available
- Free to attend

Eligibility information:

- Families that hold a current Commonwealth Health Care, Concession, Pension card or equivalent visa category
- Aboriginal and/or Torres Strait Islander children
- Children in kinship care arrangements

FRANKSTON CITY COUNCIL

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Phone 1300 322 322

frankston.vic.gov.au

Seaford » Frankston » Langwarrin » Karingal » Skye » Frankston South »
Frankston North » Carrum Downs » Langwarrin South » Sandhurst

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