

Playgroup Newsletter



May 2023

Pop-Up Playgroups

We move to a new location in May and June, join us at Bayport Reserve and Carrum Downs Reseve as we continue the fun we have at Pop-Up Playgroup.

As the weather is getting a bit less predictable please make sure you check out the website for cancelation before you head down.

<https://www.frankston.vic.gov.au/Our-Community/Family-Services/Playgroups/Pop-up-Playgroup>.

Introducing a New Pop-Up Baby Playgroup for Babies under 12 months.

Bookings open every Wednesday



Pop-up Baby Playgroup

For babies under 12 months

Parents, caregivers, grandparents are welcome to join us for Pop-up Baby Playgroup sessions. You will also have the chance to speak to the team about finding a local Playgroup, the Supported Playgroup program and Kindergarten registration.

Benefits of coming to playgroup

- Meet other families
- Supportive environment
- Share ideas and information
- Have fun, relax and build friendships
- Introduce your baby to new surroundings
- Play and explore
- To find out more phone: 9333 7156 or email: Elaine.Turner@frankston.vic.gov.au

Orwil Street Community House

16 Orwil St
Frankston
Time: 1-2.30pm
Term 2 dates:
April: 26
May: 3, 10, 17, 24 and 31
June: 7, 14 and 21
Bookings:
Please book via Trybookings:
trybooking.com/CHELE
or use the QR code



Pop-up Baby Playgroup is a free playgroup. Please remember your hats, drink bottles and snacks. If your baby is over 12 months please come to our Pop-up Playgroup check website for details.

Frankston City Council

PO Box 490, Frankston 3199
1300 322 322 | info@frankston.vic.gov.au | frankston.vic.gov.au



Whats on?

Background photo by Lisa Cope on Unsplash

Biala Peninsula Premies on the Peninsula

Premies on the Peninsula (PoP) is a free parent & child program and information session run fortnightly by an Early Childhood Teacher at Biala Peninsula for any eligible families on the Peninsula. The free program is open to **children born prematurely prior to 37 weeks and are currently under 2 years of age** and their parents. Siblings are also welcome to attend.

Where: Biala Peninsula, 1 Elizabeth Street, Mornington
When: Mondays — see dates below
Time: 10.00am - 12.00 noon

Topics may include:

- developmental milestones
- early communication & play skills
- grief and loss
- parent wellbeing
- yoga for mums and bubs
- music, sensory development
- diet and feeding
- childcare and kindergarten options

Dates for 2023:
March: 6th & 20th
April: 3rd & 17th
May: 1st, 15th & 29th
June: 12th & 26th

Interested?

Please contact our Admin Team
admin@bialapeninsula.org.au
(03) 5975 1820

Sea of Lights

Embark on a journey of light and imagination in the illuminating interactive installation Sea of Light. With a UV torch as your paintbrush, paint and stencil your own voyage. Steer ships that leave glowing paths of light in their wake as you sail them across the sea floor.



<https://artscentre.frankston.vic.gov.au/Whats-On/South-Side-Festival-Special-Deals/Sea-of-Light-by-Patch-Theatre>



Frankston Libraries

How well do you know your library? Is it just about books? Oh no there is so much more that happens at your local Library.

You are never too young to enjoy Storytime at the library! Our Storytime team is offering a variety of engaging sessions for children aged 0-5 at our Frankston, Carrum Downs and Seaford branches as well as at Karingal PLACE, Frankston North Community Centre and Langwarrin Customer Service Centre. There's no need to book; simply choose your preferred session from the calendar below and we'll see you there.

<https://library.frankston.vic.gov.au/Community-Connection/Children/Weekly-Storytimes>

Reading aloud and sharing stories, songs and rhymes with your baby and toddler is one of the most important and enjoyable things you can do together. It's also a great time for you to bond with your child. Reading to your child from a young age gives them a head start; they often learn to speak, read and write more easily.



Saturday STEAM Club for kids

Perfect for children aged 5 +, these fun and simple workshops introduce the

concepts of Science, Technology, Engineering, Arts and Crafts and Mathematics to children. Each session is a hands-on experience that will have your child excited to learn more. We'll provide all the materials, you just bring along your sense of curiosity!

Saturdays at Frankston Library

Suitable for 5 years +

2pm – 3pm

Bookings are

essential <https://library.frankston.vic.gov.au/Com>

[Community-Connection/News-and-Updates/News/Saturday-STEAM-Club](https://library.frankston.vic.gov.au/Community-Connection/News-and-Updates/News/Saturday-STEAM-Club)

Saturday Storytime and Craft

Saturdays at Frankston Library during term 2
0-5 years olds

11am

<https://library.frankston.vic.gov.au/Whats-On/Storytime>

Sunday Board Games

Sundays at Frankston Library

10am – 4pm

Fun for the whole family!

<https://library.frankston.vic.gov.au/Whats-On/Sunday-Board-Games>



Reading Tails

Reading Tails is an 8-week group program for primary-aged school children that utilises 'Dog Assisted

Education' techniques to support reluctant readers by creating a comfortable space, working in short bursts of reading, providing incentives, allowing students to select their books, discussing the books being read, and making reading a social experience.

This small-group program is aimed at children aged 6 to 12.

Carrum Downs - Mondays

Frankston North - Tuesdays

Frankston – Wednesdays

Bookings:

<https://library.frankston.vic.gov.au/Community-Connection/Children/After-School-Activities>

LEGO Builder Afternoons

Frankston – Tuesdays

Carrum Downs – Wednesdays

Seaford – Thursdays

<https://library.frankston.vic.gov.au/Community-Connection/Children/After-School-Activities>



Get Active Victoria

Round 6 of the Get Active Kids Voucher Program is now open! Victorian families with a Health Care Card or Pensioner Concession Card can apply for up to \$200 to support their child's sport and active recreation activities. Find out more at www.getactive.vic.gov.au/vouchers Applications close Wednesday, 10 May 2023.



\$250 Power Saving Bonus



The \$250 Power Saving Bonus is a payment from the Victorian Government for all Victorian households (a new round became available on 24 March 2023). Eligible Victorian households can receive one bonus each round.

Click on link below to find out more.

<https://compare.energy.vic.gov.au/psb-faq>

Upcoming workshops



DADS DO MATTER (DDM) - ONLINE ZOOM PARENTS BUILDING SOLUTIONS

Open to all Dads, Step-Dads, Single Dads and Grand-Dads, come along to share experiences, learn new strategies & solutions.

- Safe space to voice your frustrations and feelings without judgment
 - Connect with other Dads
 - Improving your Confidence & Communication as a Dad
 - Coping with stress and anger.
 - Handling conflicts with respect
 - Parenting Beyond Separation.
- DATES:** Wednesdays-11, 18, 25 May, & Thursdays 1 & 8 June 2023 (6 weeks)
TIME: 6.00pm to 8.00pm
- Click link below or Scan QR Code to Register:
<https://forms.office.com/t/zw2iEDHhUJ>



Certificate of attendance awarded

Jasbir Singh Suropada
Call or Text 0438 004 285
Email: jasbir.suopada@anglicarevic.org.au

PARENTZONE



What is a Supported Playgroup?

Supported Playgroups are a safe and friendly place for you and your child to have fun while receiving parenting tips and support. Sessions are run weekly during school terms by qualified early years professionals in your local community.

Supported Playgroup is a great way to meet other families in your local area and one-on-one in-home support is also optional for eligible families.

These playgroups are supported by the Department of Families, Fairness and Housing and are free to attend.

Who is eligible to attend?

Supported Playgroups are available to:

- families with a Commonwealth Health Care Card (or visa equivalent for refugees and migrants)
- children aged from birth up to school age.
- families where a family member who has identified as Aboriginal and/or Torres Strait Islander;
- families who are looking after children in kinship care (out of home care);
- families referred by Child FIRST
- families referred from or receiving Enhanced Maternal and Child Health services

Supported Playgroups are currently located in the following venues:

- Aldercourt Primary School - Frankston North
- Lyrebird Community Centre - Carrum Downs
- Lakewood Child & Family Centre - Frankston
- Karingal Place - Karingal
- Orwill Street Community House - Frankston
- Mahogany Rise Child and Family Centre - Frankston North

More Information

Playgroups will run in line with all current Covid guidelines.

To find out more about our Supported Playgroup sessions please call Council's Playgroup Development Officer on 9293 7156 or email playgroups@frankston.vic.gov.au



Supported Playgroups:

For eligible families with children aged 0-5 years

- Weekly (school term)
- Fun play activities for adults and children
- Parenting tips and ideas
- Meet others
- One-on-one support available
- Free to attend

Eligibility information:

- Families that hold a current Commonwealth Health Care, Concession, Pension card or equivalent visa category
- Aboriginal and/or Torres Strait Islander children
- Children in kinship care arrangements

FRANKSTON CITY COUNCIL

30 Davey Street
Frankston VIC 3199
Australia

PO Box 490
Frankston VIC 3199

Phone 1300 322 322

frankston.vic.gov.au

Seaford » Frankston » Langwarrin » Karingal » Skye » Frankston South »
Frankston North » Carrum Downs » Langwarrin South » Sandhurst

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