

Playgroup Newsletter



March 2022

We are up and running again and can't wait to see you all back at playgroup and having some fun with all your friends. Please click on the link below to find your local playgroup <https://www.frankston.vic.gov.au/Our-Community/Family-Services/Playgroups/Community-Playgroups>
Alternatively please give us a call and we can have a chat about what playgroups are all about and find one to best suit you and your child's needs.

Activity ideas you can do at home.

Water Play

Water Safety Message – Always actively supervise your children when around water, never leave them unattended. Water Safety Video <https://youtu.be/DfjO2Dcg7mY>



You will need - Items you can use from round the house

- Washing up bowl or tray that's can hold water but not too deep
- Food colouring, flowers, dolls or cars.
- A variety of spoons – tea spoons, large mixing spoons, measuring spoon's and cups
- Jugs and Laundry caps

Benefits of water play.

- Supports their gross motor skills
- Hand and eye coordination for pouring and carrying.
- Strengthens hand muscles to help with drawing and eating.
- Extends child's language bigger, smaller, empty, splash, cold, mix.
- Science of sinking and floating objects.
- It's simply fun to play with water.

Cloud Watching



You will need

- A cloudy sky
- A soft quite place to lay down

Cloud watching is a fun activity for children of all ages and a wonderful way to connect to the outdoors from inside the house. Clouds can create pictures and stories in the sky.

Benefits of cloud watching.

- Children can use their imagination and talk about what they can see and feel.
- Talk about how they look are they staying the same or changing shape?
- A perfect relaxing and calming activity.
- Explore different language such as Large, smaller, heavy. Light, fluffy, spinney, dark and light.



Whats on?

Story time at the Library – Story time is so much fun you will get to meet local families while learning new stories and songs. click below link to find time and session to suit.


<https://library.frankston.vic.gov.au/FrankstonLibraries/Events/Storytime>

Have you visited the Frankston Toy Library? It's a fantastic opportunity for your children to explore different toys and meet other families. 6 month Membership only \$50.

<https://youtu.be/ZudTHEREspc>



Playgroup in the Park – pop down and say hi to the Frankston City Council Children's Services team and find out about playgroups in your local area. The the last 2 years have been a challenging time, now is a perfect time to get out, meet other friends and connect with your local playgroup.

24 March 2022 10am – 12.00




Playgroup in the Park

National Playgroup Week



Pop down and say hi to the Frankston City Council Children's Services team!
The last two years have been a challenging time, now is a perfect time to get out, meet other friends and connect with your local Playgroup.
Let's celebrate all things awesome about Playgroup this year's theme:
Together, Each Step of the Way, We Learn, Share and Play.
Where: George Pentland Botanical Gardens, 41N Williams St, Frankston.
When: Thursday 24 March 2022.
Time: 10am-12pm
What to bring: Water bottle, Snack, Sun screen, Sun hat.
No booking required.
Come along and enjoy playgroup activities outdoor with your children craft activities, music, books, imaginary play, active play.
Enquires - playgroups@frankston.vic.gov.au



Expression of interest

Are you interested in facilitating a Community Playgroup? Perhaps there isn't a playgroup running in your area and you would like to start one?

Playgroups are a great social activity for you and your child. Facilitating a playgroup is also a way of building new skills that can lead to future opportunities. Training can be provided as well as ongoing support.

For all playgroup inquiries you can contact the Playgroup Development Officer on 9293 7156 or email

playgroups@frankston.vic.gov.au

Playdough Recipe



You will need

- 2 cups of flour (any is fine)
- 1 cup of Salt (table salt is better)
- 2 tbs cream of tatar
- 2 tbs vegetable oil
- Food colouring or herb (optional)
- 2 cups of boiling hot water (Adult to do this)

Mix together all the dry ingredients, add oil mix well. Add food colouring to the water and then add to the dry mixture. Combine altogether with a spoon as soon as its cool enough to touch start kneading until it's nice and smooth.

Once it's cool enough children can play with it.

Benefits of Playdough

- Improves hand and eye coordination and builds muscles in there whole body.
- Fine motor skills – children squeeze, pinch and pull apart the dough
- Helps with pre writing skills – pincher grip
- Social and language skills – children talk about what they are creating.
- Its calming – it's a great way to sit down, relax and unwind.
- Problem solving – mixing different colour together, making shapes, rolling balls.

Frankston City Council

PO Box 490
Frankston 3199

1300 322 322
info@frankston.vic.gov.au
frankston.vic.gov.au



