Playgroup Newsletter



March and April 2024

Pop Up Playgroups

https://www.frankston.vic.gov.au/Our-Community/Family-Services/Playgroups/Pop-up-Playgroup.

Feel free to come along to the Pop up Playgroups and find out more information on local playgroups.

Pop up Playgroups are suitable for babies and children under 6 years of age.

We run the Playgroups outside, please be prepared for the weather and bring drinks and snack for your child.

Please check the website for cancellation © National playgroup week

Come and celebrate with us ©

When: 21st March

Where: Kananook Reserve, 33 Kirkwood Avenue

Seaford.

Time: 9.30am - 11.30am

No Booking required

Come and find out about the different playgroups that are on offer to you and your family.

Will be cancelled in extreme weather conditions please check the website before heading down ©

https://www.frankston.vic.gov.au/Community-and-Health/Health-and-support-services/Child-and-familyservices/Playgroups/Pop-up-playgroups



Whats on?

The Frankston Library will be hosting a series of workshops that are being facilitated by Mission Australia, to help parents return to, or get into the workforce. There is some focus in each workshop specific to parents, for example, navigating reporting earnings to Centrelink, Childcare subsidies, money management for the household and even meal planning The full suite of workshops can be found and booked here: https://library.frankston.vic.gov.au/Community-Connection/Lifelong-Learning





2024 International Women's Day Events hosted by Frankston City Council

'Without equal access to education, employment pathways, financial services and literacy, how can we ever hope to reach gender equality?'

International Women's Day (IWD) is recognised each year on March 8th to acknowledge and celebrate women's social, economic, cultural and political achievements with the 2024 theme from UN Women Australia: Count Her In: Invest In Women, Accelerate Progress.

Frankston City Council proudly celebrates IWD each year by hosting free events for local community to help advance gender equality.

FREE IWD COMMUNITY EVENTS (scan QR code to book):

- 4 March: Launch Event: Presentation and Lunch with Local Social Enterprises
- 5 & 6 March: Community Workshops at Frankston North Community Centre
- 8 March: Financial Workshop for young people with free dinner and show bag
- 'Lifelong Learning' Workshops with Mission Australia (multiple dates available)



WHAT ARE THE BENEFITS OF PLAYGROUP?

There is significant evidence about the benefits of playgroup and it continues to build. Vital



development occurs in the first five years of life, and the first year is especially critical. The neurons in the brain are connecting, laying the foundations for the year to come. The social, emotional, physical and intellectual development that occurs through the play and interaction at playgroup is great for the mind and body. Knowledge builds and skills are refined. Children learn social skills and language skills. It readies children for the next step into kinder and prep.



PLAYGROUP IS NOT JUST ABOUT THE KIDS – PARENTS AND CARERS, IT IS FOR YOU!

Your job is one of the best in the world, but raising children is not always easy. Playgroup is here to lighten the load. You can connect with other people in the same stage of life as you. At playgroup you can share, have a coffee, relax in a safe environment. Playgroup is designed to be a comfortable space where you can be yourself. It helps to reduce isolation you may feel and discuss things of interest to you. Playgroup also provides you will access to local services you may need.

https://www.playgroup.org.au/for-families/all-about-playgroup/ for further information about Playgroups.

Playgroups looking for some new friends **⊙**







Play and Learn Supported Playgroup Frankston North Mondays, 10-12pm Aldercourt Primary School, Silver Ave, Frankston North



Did you know that you can join Playgroup Victoria as a Family Member for free?

Playgroup Victoria Family Membership gives you and your child everything you need to join the playgroup community and start making memories.

Family member benefits include:

- Access to your member portal, where you will find all playgroup resources
- Monthly e-Newsletters filled with the latest playgroup news and updates
- Downloadable activity booklets with themes including Nature Play, Music Play, Art Play, Community Connection, Messy Play and more
- Access to our play ideas library, with over 100 downloadable activity sheets
- Full access to The Playgroup Toolkit home to the best playgroup tools and resources
- Access to the Wild Things Bush Play Set-Up
 Guide which supports play in the great outdoors
 with ideas and advice
- Exclusive offers and event opportunities from our partners

https://www.playgroup.org.au/become-a-member/





