

Playgroup Newsletter



August 2023

Pop-Up Playgroups

Term 3 Pop-Up Playgroups are updated on the website. This term we will be at:

Monterey Community Park Playground.

Seaford North Reserve.

Lakewood Family and Child Centre.

As the weather is getting a bit less predictable, please make sure you check out the website for any cancelation before you head down.

<https://www.frankston.vic.gov.au/Community-and-Health/Health-and-support-services/Child-and-family-services/Playgroups/Pop-up-Playgroup>

Children's Week Survey



Dear Families,

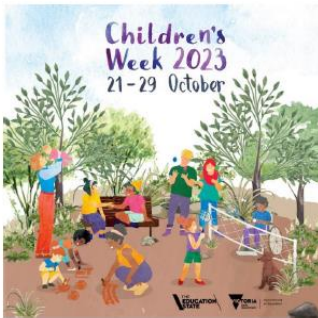
We are looking to hear from your children around what they would like to see at our upcoming Children's Week event.

Children's Week is a national celebration that recognises the talents, skills, achievements, and rights of children. This is a great opportunity for Victorian families to enjoy a fun, engaging and educational experience in their community.

This year's theme is "Children have the right to relax, play and to take part in activities they enjoy".

This is a great opportunity for them to get involved and tell us what they would like to see.

Below is a QR Code to a survey that with your help they can complete. We welcome any visual ideas/ drawings as well. These can be emailed to Playgroups@frankston.vic.gov.au



Frankston City Council

PO Box 490, Frankston 3199

1300 322 322 | playgroup@frankston.vic.gov.au | frankston.vic.gov.au



Lived Experience Focus Groups



BAYSIDE PENINSULA
Integrated Family
Violence Partnership

Invitation to people with lived experience of family violence services in the Bayside Peninsula

To be held in
August 2023

Share your lived experience to help us identify areas for improvement & good practice in family violence service delivery across the Bayside Peninsula. Your perspectives are valued and can influence change.

About You

Have you experienced any services in the Bayside Peninsula to support you through family violence in the last five years?

Would you like to influence change in the Bayside Peninsula's family violence response?

Are you able to share your experience and expertise in a small supported focus group?

About Us

The Bayside Peninsula Integrated Family Violence Partnership aims to improve the integration of services across the Bayside Peninsula, playing a vital role in improving service delivery and community responses to family violence.

For this project, we have partnered with **ShantiWorks** who are committed to centring and taking care of victim-survivors experiences in the consultation process.

Key Points

💰 You will be paid for your time

🕒 Focus groups will run for 1.5 hrs in August 2023

📍 The Bayside Peninsula Councils are: Port Phillip, Stonnington, Glen Eira, Bayside, Frankston, Kingston, Mornington Peninsula

Contact Us

For full information about the project and what participating in this work might look like, and to register your interest, please go to our website OR contact us on :

✉ bpifvp@vt.uniting.org
☎ 0466 538 388



<https://tinyurl.com/livedexper>



MyTime Frankston

MyTime is a free support group for parents and carers of children under 18 years who have disability, chronic medical condition or other additional needs including developmental delay.

MyTime is a place to:

- Connect with other people who 'get' it
- Feel understood
- Share ideas and experiences
- Access quality information and resources
- Unwind and take care of yourself

Some sessions there is a guest speaker to talk on a topic of interest to the group. Other sessions there may be an activity that the group finds relaxing or a way of taking care of themselves. At all sessions there is an opportunity to chat and have morning tea.

If you have children under school age, they are welcome to come along. It doesn't have to be the child which is the reason the parent/carer attends MyTime although it may be. There is a play leader to entertain the children with toys, games, music and dancing. This gives parents the opportunity to participate in the group (although parents are ultimately responsible for their children during the session).

MyTime Frankston meets each Monday 10am until midday at:
BAM – Studio 1
1 Rosella Street
Frankston

For more information contact Sue Batcheler
suzanneb@mytimevic.com.au
0413 655 659



Frankston

Why MyTime?

MyTime is for parents and carers of a child with a disability, chronic medical condition or other additional needs including developmental delay.

Unwind and share experiences with others who understand

FIND US AT:
BAM Arts Inc
1 Rosella Street, Frankston
Mondays 10:00am – 12:00pm

CONTACT:
Facilitator: Sue Batcheler
Phone: 0413 655 659
Email: suzanneb@mytimevic.com.au

mytime.net.au



MyTime term plan

mytime.net.au

DATES	GROUP ACTIVITY	CHILDREN'S ACTIVITY
17/07/2023	Coffee & Chat	Dancing Craft activities
24/7/2023	Gratitude Tree	Toys and blocks
31/7/2023	Guest Speaker: Statewide Autistic Services	Stories and Singing
7/8/2023	Coffee & Chat	
14/8/2023	Coffee & Chat	
21/8/2023	Craft activity supplied by Bunnings	BAM DETAILS Bam Arts Inc are dedicated to providing arts programmes, events and opportunities for people with disabilities of all ages. MyTime at BAM Arts Inc will be a creative and fun time for children and adults. We will host a 30 minute weekly music and movement session for children where we will sing, dance and make new friends.
28/8/2023	Craft Activity: Coasters	
4/9/2023	Coffee & Chat	
11/9/2023	Guest Speaker: Behaviour Management	

NOTE: No session 10/7/23 (1st week of term)
Morning tea is provided each week

- It's support for you
- It's free to join
- Professional support
- Pre-school aged children are welcome



What is a Supported Playgroup?

Supported Playgroups are a safe and friendly place for you and your child to have fun while receiving parenting tips and support. Sessions are run weekly during school terms by qualified early years professionals in your local community.

Supported Playgroup is a great way to meet other families in your local area and one-on-one in-home support is also optional for eligible families.

These playgroups are supported by the Department of Families, Fairness and Housing and are free to attend.

Who is eligible to attend?

Supported Playgroups are available to:

- families with a Commonwealth Health Care Card (or visa equivalent for refugees and migrants)
- children aged from birth up to school age.
- families where a family member who has identified as Aboriginal and/or Torres Strait Islander;
- families who are looking after children in kinship care (out of home care);
- families referred by Child FIRST
- families referred from or receiving Enhanced Maternal and Child Health services

Supported Playgroups are currently located in the following venues:

- Aldercourt Primary School - Frankston North
- Lyrebird Community Centre - Carrum Downs
- Lakewood Child & Family Centre - Frankston
- Karingal Heights Primary School - Karingal
- Orwill Street Community House - Frankston
- Mahogany Rise Child and Family Centre - Frankston North

More Information

Playgroups will run in line with all current Covid guidelines.

To find out more about our Supported Playgroup sessions please call Council's Playgroup Development Officer on 9293 7156 or email playgroups@frankston.vic.gov.au



A Supported Playgroup is a welcoming environment for parents and caregivers to come together with their children to connect with each other and their local community.

Our Supported Playgroups are facilitated by experienced early childhood professionals who will work alongside adults and children to support adult / child interactions during play.

Supported Playgroups are for eligible families with children newborn to five years.

They are Free to attend and run weekly at various locations (during school term)

Eligibility criteria applies.



Contact us

frankston.vic.gov.au
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