

# Playgroup Newsletter



## June and July 2024

### Pop Up Playgroups

We move to a new location in June, join us at Bruce Park as we continue the fun we have at Pop Up Playgroup.

<https://www.frankston.vic.gov.au/Our-Community/Family-Services/Playgroups/Pop-up-Playgroup>



### Pop up Playgroup

Parents, caregivers, grandparents are welcome to join us for a Pop up Playgroup session, explore a range of fun activities with your child. You will also have the chance to speak to the team about finding a local playgroup the Supported Playgroup Program and Kindergarten registration.

**Yarralumla Reserve.**  
 Yarralumla Drive, Langwarrin.  
 Time: 9.30am–11.30am  
 Term 2 dates:  
 Tuesday 16 April Nature Play Week  
<https://natureplayweek.org.au/>  
 Tuesday 23 April  
 Tuesday 30 April  
 Tuesday 7 May  
 Tuesday 21 May

**Bruce Park Playground**  
 Bruce Park Reserve Frankston  
 Time: 9.30am–11.30am  
 Term 2 dates:  
 Thursday 30 May  
 Thursday 6 June  
 Thursday 13 June  
 Thursday 20 June  
 Thursday 27 June

#### National Families Week Event

Orwil Street Playground and Community Centre Frankston. Monday 13<sup>th</sup> May 10.00am – 12.00pm

Pop up Playgroup is a free outdoor event please remember you hats, water bottles and snacks, playgroup will be cancelled if inclement weather please check the website (Pop up Playgroup) No booking required.



Frankston City Council  
 PO Box 490, Frankston 3199  
 1300 322 322  
[info@frankston.vic.gov.au](mailto:info@frankston.vic.gov.au) | [frankston.vic.gov.au](http://frankston.vic.gov.au)



## Library Story time



### Storytime Schedule Term 2, 2024



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30am		SEAFORD Preschool 3-5yrs	KARINGAL PLACE 0-5yrs	SEAFORD Tiny Tots 0-2yrs		
			HEALTHY FUTURES HUB AT BELVEDERE PARK 0-5yrs	FRANKSTON NORTH 0-5yrs		
10am	FRANKSTON Tiny Tots 0-2yrs			FRANKSTON Preschool 3-5yrs		
10:30am		CARRUM DOWNS Preschool 3-5yrs			FRANKSTON Tiny Tots 0-2yrs	
11:00am		SEAFORD Baby Rhyme Time <12 months				FRANKSTON 0-5yrs
11:30am	FRANKSTON Preschool 3-5yrs		CARRUM DOWNS Baby Rhyme Time <12 months	LANGWARRIN CUSTOMER SERVICE CENTRE 0-5yrs	CARRUM DOWNS Tiny Tots 0-2yrs	
			FRANKSTON Tiny Tots 0-2yrs			
2:00pm					FRANKSTON 0-5yrs	
2:30pm	FRANKSTON Baby Rhyme Time <12 months					

<https://library.frankston.vic.gov.au/Home>

## Register for Winder School Holiday Programs



# Hippy

HIPPY Frankston North has some vacancies for this year's Age 3 program and we would love for families with an 3 year to know about this program before we close our enrolments for 2024.

Please see brochure attached

To be eligible this year the child has to have turned 3 by April 30 2024, and live in the catchment area Frankston central, Frankston North, Seaford East and Karingal. There are also other eligibility requirements

Families can self-refer or find out more by contacting Vicki Blond directly via email [HIPPY.FrankstonNorth@bsl.org.au](mailto:HIPPY.FrankstonNorth@bsl.org.au) or mobile 0491 696 327

**How HIPPY works**

- Home-based learning**
  - 10-15 minutes a day engaging in fun activities
  - supports your child's learning and development through play
- Home visits**
  - HIPPY tutors and families meet regularly to explore activity packs and storybooks
- Group 'Gatherings'**
  - Meet other HIPPY families
  - Connect with community services
  - Join fun educational sessions and activities

**Join HIPPY today**

**Who can join?**

- Families living in Frankston North, Seaford East, Karingal, Frankston Central
- Families with a 3-year-old child (2 years before school)

**To join HIPPY, contact the Frankston North Coordinator**

Name: Vicki Blond  
Phone: 0491 696 327  
Email: [HIPPY.FrankstonNorth@bsl.org.au](mailto:HIPPY.FrankstonNorth@bsl.org.au)

Scan the QR code to fill out your expression of interest

**HIPPY Frankston North Home Interaction Program for Parents and Youngsters**

Engage in fun and free activities to support your child's early learning journey

**Benefits for children**

- Graduate with literacy and numeracy skills above the Australian average
- Develop a love of learning and improve school-readiness
- Build social and emotional wellbeing

**Benefits for tutors**

- HIPPY employs parents and carers as tutors, providing training and professional development opportunities
- Develop confidence to enter the workforce and reach personal goals

**Benefits for families**

- Build skills and confidence as your child's first teacher
- Spend valuable time with your child
- Create a positive learning environment at home

**Children's earliest and most powerful love of learning comes from their families**

HIPPY is a free, two-year home-based program that begins when your child is 3. Our program is aligned to the Early Years Learning Framework, and all activities are designed to support your child's learning and development through play.

**Benefits of HIPPY**

- Receive free activity packs, storybooks and resources
- Spend quality time, learning together
- Be part of a community
- Children are more school-ready

# Supported Playgroup

Supported Playgroups are a safe and friendly place for you and your child to have fun while receiving parenting tips and support. Sessions are run weekly during school terms by qualified early years professionals in your local community.

Supported Playgroup is a great way to meet other families in your local area and one-on-one in-home support is also optional for eligible families.

These playgroups are supported by the Department of Families, Fairness and Housing and are free to attend.

We currently have spaces at our Kannanok Supported Playgroup

## Who is eligible to attend?

Supported Playgroups are available to:

- families with a Commonwealth Health Care Card (or visa equivalent for refugees and migrants)
- children aged from birth up to school age.
- families where a family member who has identified as Aboriginal and/or Torres Strait Islander;
- families who are looking after children in kinship care (out of home care);
- families referred by Child FIRST
- families referred from or receiving Enhanced Maternal and Child Health services

## Supported Playgroups are currently located in the following venues:

- Aldercourt Primary School - Frankston North
- Young Parents at Aldercourt – Frankston North
- Frankston North Community Centre - Frankston North
- Lakewood Child & Family Centre – Frankston
- Orwill Street Community House – Frankston
- Learn Engage Connect – Frankston
- Karingal Heights Primary School - Karingal

## More Information

To find out more about our Supported Playgroup sessions please call Council's Playgroup Development Officer on 9293 7156 or email [playgroups@frankston.vic.gov.au](mailto:playgroups@frankston.vic.gov.au)



## Lunch box ideas



HEALTH PROMOTION

# Navigating the lunchbox

As another kinder term begins, talk of lunchboxes intensifies in the media. The socials are filled with images of picture perfect lunchboxes, with conflicting messages of what we 'should' and 'should not' be including to feed the little people in our lives. Let's consider for a moment approaching lunchbox talk from another angle, moving away from what's in the lunchbox and towards creating a kind, inclusive and calm environment for children to develop. Just like learning to read or write, learning about food and eating is a gradual process that takes considerable time. Kindergartens provide a safe, stable and engaging environment for children to learn – it's what kindergartens do best! Let's explore this wonderful opportunity to support children as they learn about food and consider some simple actions kindergartens can take for the year ahead – try the TICK approach.

1. **T is for Time**
2. **I is for Inclusive**
3. **C is for Concreate**
4. **K is for Kind**

[Please click here to read the full article.](#)



## Playgroups

These groups are looking for new families.

**Play and Learn Supported (PALS) Playgroup**

The Play and Learn Supported (PALS) Playgroup program provides a great opportunity to bring together children of all abilities, aiming to increase confidence of parents with children with disabilities to participate in existing community service partnerships, to deliver social and engaging activities.

Scan the QR Code to find a session near you!

playgroup.org.au @playgroupvicofficial  
1800 171 882 /playgroupvic



**Frankston Peninsula MULTIPLE BIRTH ASSOCIATION**

### Let AMBA be your tribe.

They say it takes a village to raise a child, and for multiples you need an extra big one.

**SUPPORT FROM THOSE WHO KNOW**

The Frankston Peninsula Multiple Birth Association is a non-profit organisation established to provide support for parents of multiple birth children. We are affiliated with the Australian Multiple Birth Association. The club is open to all parents and caregivers of multiple birth children.

Connect with us



Anglicare Supported Playgroup for parents who have experienced mental health challenges and their pre school children



### OUR TIME- SUPPORTED PLAYGROUP

A supported playgroup for parents who have experienced mental health challenges and their preschool children

- Meet other parents and share ideas
- Build social connections, have some refreshments, learn parenting tips and access resources.
- Help to feel closer to your child and understand what they need
- Play and have fun with your child
- Caring for ourselves

**DATE:** Tuesday morning (excluding Victorian school holidays and Public holidays)

**TIME:** 9:30am-11:30am

**WHERE:** Frankston area

**BOOKINGS AND ENQUIRIES:**

Iris Guasch- Parent Resource Coordinator  
Email: iris.guasch@anglicarevic.org.au or Call/text 0436 007 492 to book.  
Sarah Dickenson- FaPMI Coordinator  
Email: fapmi@phcn.vic.gov.au text 0439 336 808

PARENTZONE



anglicarevic.org.au

BETTER TOMORROWS

High Street Uniting Church, Frankston  
WELCOMES ALL TO

**PlayGroup!**  
FRIDAY MORNINGS  
9:15am-11:15am  
DURING THE SCHOOL TERM

A WELCOMING SPACE FOR BABIES TO PRE-SCHOOL AGE CHILDREN AND THEIR FAMILIES TO SHARE IN PLAY, CRAFT, MUSIC, STORIES & SNACK.

16-18 HIGH STREET, FRANKSTON  
CONTACT EMMA: 0433667271 OR CHURCH OFFICE: 97833400

## Starting a playgroup

Are you interested in starting a playgroup in your area? Step by step guide to starting a Playgroup.

- Find a suitable venue to run the playgroup.
- Find a friend to run with you (always good to have a buddy that can look after everything if you are sick or on holiday).
- Register with Playgroup Victoria \$50 for 12 Month includes your Public Liability Membership - Playgroup Victoria
- Create a Playgroup email address or use your personal one if you are happy to share.
- Create a flyer advertising your group- day, time, cost etc.
- If doing a termly fee organise payment etc. Cash, bank deposit receipts work out how much you need to raise to cover cost of hire, resources, events etc.
- How will the session run? Weekly, fortnightly? Do you want to do anything particular during the session – craft, music singing
- Covid Safe practices.
- How will you get parents involved in helping with set up and clean up at the end- everybody does a little something this helps you all to go home around the same time. You don't want to end up doing everything yourselves.
- Consider setting up a closed Facebook group or Whatsapp to share information and pictures.
- Register with Frankston Council Playgroup Development Officer

If you would like to chat further send me an email on [Elaine.Turner@frankston.vic.goc.au](mailto:Elaine.Turner@frankston.vic.goc.au)

### Frankston City Council

PO Box 490  
Frankston 3199

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