



CASE STUDY

Frankston District Basketball Association All Abilities Program

WHAT DID WE DO

Frankston District Basketball Association (FDDBA) enthusiastically welcomed an idea to run an All-Abilities Basketball program in 2018 after community feedback.

FDDBA developed an accessible program and provided courts and coaches to help run the program. It covers skills, drills and games and uses social stories and visuals on court to support participants understanding.

WHAT DID WE SEE

The positive action and subsequent results of disability inclusion snowballed from there.

FDDBA now offer:

- All Abilities Basketball (all ages) program during the school term and School Holidays
- In 2019 Walking Basketball (supported by Basketball Victoria) was introduced
- FDDBA have partnered with BAM Arts to offer a workplace training and employment opportunity. On given days and times BAM Arts participants now operate the Stadium café and perform halftime shows at local NBLI games for Frankston Blues.

WHAT NOW

FDDBA recently started an All-Abilities Basketball Competition on a Friday evening. Much like our domestic competition, the top two teams on the ladder at the end of the season receive trophies. FDDBA continue to look for opportunities that align with their diversity and inclusion goals as outlined in their Strategic Plan. Including the development of an Inclusion Booklet to support staff and volunteers to embed inclusive practices in their work.

Challenges

Knowing where to start. But once you start the conversation with the local community, disability services and peak sporting bodies, you find that there is plenty of information and support out there.

Benefits

These program help connect people with their community and provides a sense of belonging. It also creates visibility of people with disability and helps breakdowns stigma and negative beliefs in the wider community.



“We want everyone who comes along to our stadium and programs to feel welcome and comfortable. We are working to achieve this by making connections with the local disability community, listening to what they want and working with them to make it happen.”

Tanya - FDDBA

Program Support Officer for
All-Abilities and Walking
Basketball Programs -2022

To find out more or to register please visit: <https://fdba.com.au/programs/all-abilities-program/>



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www.frankston.vic.gov.au/Things-To-Do/Recreation-and-Leisure

