

# 2024

## FRANKSTON YOUTH SERVICE PROGRAMS GUIDE



(03) 9768 1366  
[youthcentral@frankston.vic.gov.au](mailto:youthcentral@frankston.vic.gov.au)  
[www.frankston.vic.gov.au/youth](http://www.frankston.vic.gov.au/youth)









# ABOUT US

## SUPPORT | PROGRAMS | EVENTS

Frankston Youth Service acknowledges and pays respect to the Bunurong People, the Traditional Custodians of these lands and waters.

Frankston Youth Service offers a range of services and supports for young people aged 12 to 24 years who live, work and/or study in the Frankston municipality.

We aim to be as inclusive and accessible as possible by offering a safe, alcohol and drug-free environment in the presence of our experienced Youth Workers.

Before attending our programs, contact Youth Services on 9768 1366 to discuss your specific needs.

**CONTACT US** for more information.



[youthcentral@frankston.vic.gov.au](mailto:youthcentral@frankston.vic.gov.au)



(03) 9768 1366



@FrankstonYouthService: [bit.ly/FYSFacebook](https://www.facebook.com/FYSFacebook)



#FrankstonYouthService: [bit.ly/FYSInsta](https://www.instagram.com/FYSInsta)





# YOUTH SPACES



## HANGOUT

Youth Hangouts provide young people with a safe and inclusive drop-in space for social connection and support through recreational activities and workshops, services including:

- Connection and support from youth workers
- Recreational activities:  
Gaming, table-tennis, pool, crafting and cooking and more...
- Provision of hot/cold food and drink
- Referrals and information about services
- FREE access to Wi-Fi, PCs and printing

### Frankston Youth Central Programs:

- Referrals and information about services
- Education and employment support
- Training opportunities and life skills

For more information on Youth Central Programs please contact:  
Shay 0459 912 400

Sites are located at seven locations across the municipality, including Frankston Central (Youth Central), Frankston North, Frankston South, Karingal, Seaford, Carrum Downs, and Langwarrin.

For more information, visit: [Frankston Youth Service: bit.ly/FYSHangouts](https://bit.ly/FYSHangouts)

Frankston Youth Central 9768 1366



# YOUTH HANGOUTS

Youth Services Program Registrations forms are available at:  
[bit.ly/FYSRegistration](http://bit.ly/FYSRegistration)



**FRANKSTON CENTRAL  
HANGOUT**  
**Monday & Thursday 3 PM - 4.30 PM**  
60A Playne St. Frankston  
**Shay 0459 912 400**



**FRANKSTON SOUTH  
HANGOUT**  
**Monday 3 PM - 5 PM**  
55 Tower hill Rd. Frankston South  
**Tilly 0488 591 855**



**FRANKSTON NORTH  
HANGOUT**  
**Tuesday 3 PM - 5 PM**  
28 Mahogany Ave. Frankston North  
**Wendy 0400 838 123**



**SEAFORD  
HANGOUT**  
**Tuesday 3 PM - 5 PM**  
41 Railway Pde. Seaford  
**Kellie 0488 591 421**



**CARRUM DOWNS  
HANGOUT**  
**Wednesday 3 PM - 5 PM**  
203 Lyrebird Dr, Lyrebird Community Centre  
**Jane 0488 590 448**



**KARINGAL  
HANGOUT**  
**Thursday 3 PM - 5 PM**  
103 Ashleigh Ave. Karingal  
**Cal 0488 599 249**



**LANGWARRIN  
HANGOUT**  
**Friday 3 PM - 5 PM**  
2 Lang Rd, Langwarrin Community Centre  
**Scotty 0488 590 917**



**WHAT BUS  
MOBILE HANGOUT**  
**Scotty 0488 590 917**

For more information contact Youth Central on 9768 1366 or  
[youthcentral@frankston.vic.gov.au](mailto:youthcentral@frankston.vic.gov.au)





# HOLIDAY PROGRAMS

## CONTACT

Youth Central

Ph: 9768 1366

[Frankston Youth Service: bit.ly/3nKowqt](https://bit.ly/3nKowqt)

The Holiday Programs are fun and interactive activities that are designed for young people aged 12-24 years.

We aim to be as inclusive and accessible as possible by offering a safe, alcohol and drug free environment, in the presence of our experienced Youth Workers.

We provide a variety of different activities for young people, such as:

- Education / Qualifications / Training
  - LGBTIQA+ Programs
  - Indigenous Cultural Programs
  - Crafting
  - Gaming
  - Sports
  - Excursions
  - Competitions
- And more...!

A great time for young people to gain new skills and meet new people.

For our latest Holiday Program, visit:

[Frankston Youth Services Holiday Programs: bit.ly/FYSSHP](https://bit.ly/FYSSHP)







# FRESH

## Frankston FReeZA

 [fresh.frankston](https://www.instagram.com/fresh.frankston)  [freshfrankstonfreeza](https://www.facebook.com/freshfrankstonfreeza)

 [www.freeza.vic.gov.au](http://www.freeza.vic.gov.au)

 VICTORIA  
State Government

 Frankston City

 Frankston  
youth  
service



# FRESH

## FRANKSTON FREEZA

### YOUTH COMMITTEE

### MUSIC, ARTS + CULTURE

### ALL AGES EVENTS

Fresh Frankston FReeZA, often referred to as 'Fresh,' is the ultimate youth development program. It offers young people the chance to enjoy accessible and affordable all-ages live events in safe, inclusive, drug, smoke, and alcohol-free supervised venues. Since the '90s, Fresh has rocked open mic nights, epic battle of the bands, craft markets, skateboard comps, and sell-out gigs.

Thanks to the incredible support of Frankston City Council and FReeZA grants from the Victorian Government, you can join something truly amazing! How? By becoming a part of our FReeZA crew, of course! Fill out an application form or get in touch for more information.

#### **Fresh FReeZA Youth Team**

A group of volunteers who meet and collaborate to create live events for the Frankston community. Team members can develop skills in event management, promotions and design, lighting/sound production, photography and more, as well as developing friendships and networks.

#### **HOW TO APPLY**

Application forms available at:  
[linktr.ee/fresh.frankston](https://linktr.ee/fresh.frankston)



#### **CONTACT**

[freeza@frankston.vic.gov.au](mailto:freeza@frankston.vic.gov.au)

Eliza: 0439 351 433

Ph: 9768 1366





# FRESH

## Frankston FReeZA

 [fresh.frankston](https://www.instagram.com/fresh.frankston)  [freshfrankstonfreeza](https://www.facebook.com/freshfrankstonfreeza)

 [www.freeza.vic.gov.au](http://www.freeza.vic.gov.au)

 VICTORIA  
State Government

 Frankston City

 Frankston  
youth  
service



# FREEZA

## RECORDING STUDIO

FREE RESOURCE FOR YOUNG  
MUSICIANS AND ASPIRING  
AUDIO ENGINEERS



### Artists

If you're an artist aged 12-25 and eager to record your original music, our professional recording studio at Ebdale Community Hub is waiting for you! We'll team you up with our fantastic volunteer engineers to capture your unique sound.

### Audio Engineers

If you're a budding audio wizard, consider becoming a Volunteer Engineer yourself! Dive into hands-on experience now and work with local artists to bring their sounds to life.

### Hire The Space

Are you an organisation working with young people? Our recording studio is available for room hire, perfect for music, podcasts, or any creative audible projects you have in mind. We've got you covered! Contact us to become a studio hirer.



### HOW TO APPLY

Application forms available at:  
[linktr.ee/fresh.frankston](https://linktr.ee/fresh.frankston)

### CONTACT

[freeza@frankston.vic.gov.au](mailto:freeza@frankston.vic.gov.au)

Eliza: 0439 351 433

Ph: 9768 1366





# YOUTH LEADERSHIP OPPORTUNITIES



## YOUTH COUNCIL ADVOCACY + ACTION GROUP

Frankston Youth Council is a dynamic and vibrant committee dedicated to empowering young individuals through meaningful engagement in volunteering, community-based programs, and training initiatives in the Frankston area.

Our community-based programs aim to address the unique needs of the neighborhoods we serve, promoting inclusivity and unity. Our training programs equip young leaders with the skills and knowledge necessary to tackle contemporary challenges, ensuring that they are well-prepared to be effective advocates for positive change.

The Youth Council is a catalyst for building a generation of compassionate, skilled, and socially conscious individuals ready to shape a brighter future.

### For more information, visit:

Youth Council: [bit.ly/YoCoFYS](https://bit.ly/YoCoFYS)

### CONTACT

[youthcouncil@frankston.vic.gov.au](mailto:youthcouncil@frankston.vic.gov.au)

Ph: 9768 1366

## NEXGEN YOUTH ADVISORY GROUP



Our Youth Advisory Group provides opportunities for young people to have their say and advise Frankston Youth Services program delivery and event development.

Frankston Youth Services is inclusive and encourages young people from all backgrounds and abilities, including those who identify as Aboriginal and Torres Strait Islander, Culturally and Linguistically Diverse, and LGBTQIA+, to apply to ensure we create a safe space for all young people in the community.

### HOW TO APPLY

9768 1366

NexGen: [bit.ly/FYSNexGen](https://bit.ly/FYSNexGen)



# PARTNERSHIP PROGRAMS

## PROJECT-Y



Project-Y is a collaborative of local stakeholders and youth service providers working together to connect with and support young people who may be disengaged from education and employment by providing them with wraparound support, positive connections to their local community, and guidance towards a path that will allow them to pursue their passions and aspirations. We also provide advocacy and support to young people at Frankston Children's Court with local services.

For more information, contact:

Youth Central: 9768 1366

Shay: 0459 912 400

Or visit:

Project-Y: [bit.ly/FYSPY](http://bit.ly/FYSPY)

PROJECT-Y



## STRONG MUMS STRONG BUBS



Strong Mums Strong Bubs is a supportive and empowering group of young mums that focuses on challenges that are not typically spoken about as one prepares to be a parent. This 12 week program aims to nurture a safe, inclusive and non-judgmental space where young mothers can connect, share experiences, access valuable resources and allow them to build a strong network with other young mums to continue a strong friendship after the program.

By providing a safe space for education, mental health, emotional support, and skill development, the Young Mums Group aims to empower young mothers to navigate the complexities of parenthood, pursue personal and educational goals, and build a resilient and thriving future for both themselves and their children.

Using various interactive activities that have a clear focus each week, that mums can participate in, but also participate with a little person beside them, who can also be involved, or just sit next to their safe person/caregiver.

**For more information, contact:**

Youth Central: 9768 1366

Tilly: 0488 591 855

[www.frankston.vic.gov.au/youth](http://www.frankston.vic.gov.au/youth)



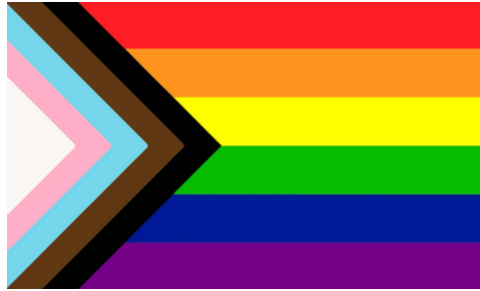


# PARTNERSHIP PROGRAMS

## PENINSULA PRIDE

### CONTACT

Cal: 0488 599 249



Peninsula Pride "Under the Rainbow" - in partnership with Headspace Frankston and Mornington Peninsula Youth Services

Provides young LGBTIQ+ people, aged 12 -17 years, a safe space to socialise and develop friendships with other LGBTIQ+ young people.

For more information, visit:

Peninsula Pride: [bit.ly/FYSPride](https://bit.ly/FYSPride)

Or call:

Cal: 0488 599 249

Headspace Frankston: 9769 6419

## TAC L2P PROGRAM

### CONTACT

[L2P@frankstonvic.gov.au](mailto:L2P@frankstonvic.gov.au)

Sally: 0408165110



The TAC L2P Learner Driver Mentor Program is a community based program providing on road driving experience to learner drivers who would otherwise find it difficult to accrue the minimum amount of experience required.

With the assistance of experienced volunteer mentor driving supervisors, Council coordinates this program in the City of Frankston.

This is a **FREE** service for eligible young people to help them gain the necessary skills to obtain their Probationary Licence.

For more information, visit:

L2P: [bit.ly/FCCL2P](https://bit.ly/FCCL2P)

## LIVING THE DREAM FOUNDATION

### CONTACT

Cindi: 0448 512 199



Living the Dream Foundation provides organised fitness activities, information about healthy diet, lifestyle and wellbeing.

The program is designed for young people aged 15-24 who may be disengaged, and aims to foster their confidence and development by empowering them to take responsibility for their health and wellbeing, while establishing healthy habits and routines for life.

For more information, visit:

[livingthedream.org.au](https://livingthedream.org.au)





# YOUTH EVENTS

**Frankston Youth Service host many exciting youth events throughout the year.**

Events include:

- NAIDOC Week
- Wear it Purple Day
- R U OK? Day
- International Day of Disabled Persons
- Youth Service Open Day
- Cultural workshops and so much more!

Youth Service's Fresh Entertainment youth committee also deliver 6 events annually with a Music, Arts and Culture focus.

[Frankston Youth Services: bit.ly/FYSEvents](https://bit.ly/FYSEvents)

For more details about upcoming events:

**CONTACT**

Kellie: 0488 591 421



**ENGAGE!**







# WHAT BUS

GAMES | SUPPORT | INFO



Frankston Youth Service's mobile youth 'What Bus' delivers youth support services to the Frankston municipality. Our bus is custom fitted with gaming facilities, laptop stations, giant games and much more. The 'What Bus' can be found at the local foreshore, skate parks, the Youth Hangouts, community centres, schools, shopping centres and youth hotspots. Our youth workers are able to provide information and advice, games and activities, a safe space to hang out at events, and targeted outreach support to young people in the Frankston municipality.

Bookings available.

For more information:

## CONTACT

Scott: 0488 590 917

Whatbus: [bit.ly/FYSWHAT](https://bit.ly/FYSWHAT)



## CONTACT

[youthservices.whatbus@frankstonvic.gov.au](mailto:youthservices.whatbus@frankstonvic.gov.au)

9768 1366



# SCHOOL BASED PROGRAMS

Frankston Youth Services offer a range of FREE programs to all schools in the Frankston municipality. Programs can be tailored to meet the needs of your school or can be offered as pre-packaged programs. If you would like a program to be tailored to your school's needs please contact Frankston Youth Services to discuss your options.

## GRADE 6 TRANSITION

### Audience

Grade 6 students

This program aims to assist young people with the transition from Primary to Secondary school through exploration of strengths, support people and opportunities available to them throughout their high school experience. The importance of seeking support and the idea of Year 7 as a time for exploration and discovery are discussed. This program can be tailored to your school's specific needs.

## THE WHAT PROGRAM

### Audience

All Students

The 'WHAT Program' aims to empower students by exploring various topics and opportunities, connecting them to community, and raising awareness of local programs, events, and support services that allow them to pursue their passions and aspirations, while providing ongoing support in response to current challenges and needs. This is done through engaging and interactive workshops, with the ability to tailor sessions to the specific student needs identified by the school and their young people. This targeted approach will ensure sessions are purposeful, relevant, and engaging regardless of year level and specific cohort needs.

## THE WHAT BUS

### Audience

All Students

The 'What Bus' is used for youth outreach within all Frankston LGAs and can also be hired out for outreach opportunities that align with Frankston Youth Services' core purpose in providing support and engagement for young people within the Frankston Municipality.

Hire The 'What Bus' for events, school or community wellbeing days, open days, sports days, festivals, youth/ student recognition events and more.

## INFORMATION SESSIONS

### Audience

All Students

An engaging and interactive information session offering an overview of the programs, supports and events offered by Frankston Youth Service .



For more information, visit:

School Based Programs: [bit.ly/FYSSBP](http://bit.ly/FYSSBP)

Or call: 9768 1366



**Bec**



Coordinator  
0408 730 224

**FRANKSTON  
YOUTH SERVICE**



**Jane**



Practice Leader  
0488 590 448

**FRANKSTON  
YOUTH SERVICE**



# THE TEAM!

[bit.ly/FYSContacts](https://bit.ly/FYSContacts)

**Shay**



Youth Worker  
0459 912 400

**FRANKSTON  
CENTRAL  
HANGOUT  
PROJECT Y  
OUTREACH**



**Tilly**



Youth Worker  
0488 591 855

**FRANKSTON  
SOUTH  
HANGOUT  
YOUTH  
COUNCIL**



**Kellie**



Youth Worker  
0488 591 421

**SEAFORD  
HANGOUT  
YOUTH  
EVENTS**



**Scotty**



Youth Worker  
0488 590 917

**LANGWARRIN  
HANGOUT  
RESPECTFUL  
RELATIONSHIPS**



**Cal**



Youth Worker  
0488 599 249

**KARINGAL  
HANGOUT  
LGBTIQA+**



**Eliza**



Youth Worker  
0439 351 433

**FReeZA  
FRESH  
RECORDING STUDIO**







**Last updated  
Feb 2024**

For the most updated version, please visit  
[www.frankston.vic.gov.au/youth](http://www.frankston.vic.gov.au/youth)