

Playgroup Newsletter



June 2023

Pop-Up Playgroups

Join us throughout June at Carrum Downs Recreational Reserve as we continue the fun we have at Pop-Up Playgroup.

As the weather is getting a bit less predictable, please make sure you check out the website for any cancellation before you head down.

Winter

It's often a time when we feel like we need to stay at home and keep the children inside so they don't get sick.

I'm a firm believer that there is no such thing as bad weather, just bad clothing. A child who is dressed warm and comfortable would love to be outside exploring nature and the world around them. Below is a list of free or low cost idea to explore on a winters day.

I know I always feel better after a walk outside even if it's 10 minutes between showers it is good to get outside.

- Nature Walk older children might like a scavenger hunt.
- Explore new parks and playgrounds
- Visit your local library
- Make a kite
- Make bird feeders
- Sensory Walk



Community Groups and Playgroups



**FREE COMMUNITY PLAYGROUP
at Karungal Heights Primary School**

Come along to a casual community playgroup and connect with other families and carers in the community. We offer a safe and welcoming environment for play and interaction.

Playgroups provide a stimulating environment for children whilst helping parents and carers connect with each other and build networks.

Suitable for ages up to 5
BYO snack and water bottle

Dates: Thursday mornings
2 February 2023 to 6 April 2023
27 April 2023 to 22 June 2023

Time: 9.30am to 11.00am

Venue: Karungal Heights Primary School
12 Havana Cres Frankston


Cost: Free - bookings essential

For bookings and enquiries contact:
Sarah Carmody
Email: Sarah.Carmody@anglicarevic.org.au
Telephone: 9781 67198

*Relevant current Government Vaccination requirements and guidelines will need to be met.
*Parents and carers are to stay with their children during sessions and are responsible for their own children at all times.

anglicarevic.org.au

Cardinia KARUNGAL HEIGHTS PRIMARY SCHOOL BETTER TOMORROWS



Background photo by [Lisa Cooe on Unsplash](#)

Premmies on the Peninsula

Premmies on the Peninsula (PoP) is a free parent & child program and information session run fortnightly by an Early Childhood Teacher at Biala Peninsula fortnightly for any eligible families on the Peninsula.

The free program is open to children born prematurely prior to 37 weeks and are currently under 2 years of age and their parents. Siblings are also welcome to attend.

Where: Biala Peninsula, 1 Elizabeth Street, Mornington
When: Mondays — see dates below
Time: 10.00am - 12.00 noon

Topics may include:

- developmental milestones
- early communication & play skills
- grief and loss
- parent wellbeing
- yoga for mums and bubs
- music, sensory development
- diet and feeding
- childcare and kindergarten options

Dates for 2023:
March: 6th & 20th
April: 3rd & 17th,
May: 1st, 15th & 29th
June: 12th & 26th

Interested?

Please contact our Admin Team
admin@bialapeninsula.org.au
(03) 5975 1820





Frankston

Why MyTime?

MyTime is for parents and carers of a child with a disability, chronic medical condition or other additional needs including developmental delay.

Unwind and share experiences with others who understand

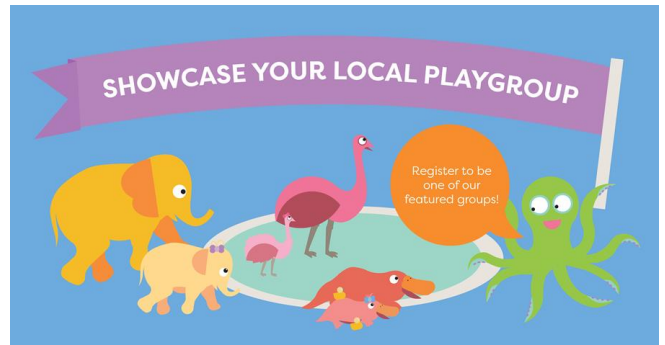
FIND US AT:
 BAM Arts Inc
 1 Rosella Street, Frankston
 Monday 10:00am – 12:00pm

CONTACT:
 Facilitator: Sue Batcheler
 Phone: 0413 655 659
 Email: suzanneb@mytimevic.com.au




mytime.net.au

Playgroup Victoria



We would love to share more about your local playgroup, enabling more families to participate and for your group to grow.

Please ensure that your **playgroup is registered** and then simply complete the form below to be featured on our social media. We look forward to learning more about your local playgroup community!

[Showcase Your Playgroup \(typeform.com\)](http://typeform.com)



BABIES PLAYGROUP

Parents & caregivers are welcome to join us and meet other local families. We will explore a range of activities from story time to music and songs.

Date: Mondays during school term
Time: 1.00pm – 2.30pm
Venue: Community Room, Aldercourt PS
Cost: Free
Booking: Not required, we'd love to see you there
Contact: Neika Huss 0466 049 530 – Community Facilitator
 Zoe Guthrie 0432 320 332 – Community Facilitator



What is a Supported Playgroup?

Supported Playgroups are a safe and friendly place for you and your child to have fun while receiving parenting tips and support. Sessions are run weekly during school terms by qualified early years professionals in your local community.

Supported Playgroup is a great way to meet other families in your local area and one-on-one in-home support is also optional for eligible families.

These playgroups are supported by the Department of Families, Fairness and Housing and are free to attend.

Who is eligible to attend?

Supported Playgroups are available to:

- families with a Commonwealth Health Care Card (or visa equivalent for refugees and migrants)
- children aged from birth up to school age.
- families where a family member who has identified as Aboriginal and/or Torres Strait Islander;
- families who are looking after children in kinship care (out of home care);
- families referred by Child FIRST
- families referred from or receiving Enhanced Maternal and Child Health services

Supported Playgroups are currently located in the following venues:

- Aldercourt Primary School - Frankston North
- Lyrebird Community Centre - Carrum Downs
- Lakewood Child & Family Centre - Frankston
- Karingal Place - Karingal
- Orwill Street Community House - Frankston
- Mahogany Rise Child and Family Centre - Frankston North

More Information

Playgroups will run in line with all current Covid guidelines.

To find out more about our Supported Playgroup sessions please call Council's Playgroup Development Officer on 9293 7156 or email playgroups@frankston.vic.gov.au



Supported Playgroups:

For eligible families with children aged 0-5 years

- Weekly (school term)
- Fun play activities for adults and children
- Parenting tips and ideas
- Meet others
- One-on-one support available
- Free to attend

Eligibility information:

- Families that hold a current Commonwealth Health Care, Concession, Pension card or equivalent visa category
- Aboriginal and/or Torres Strait Islander children
- Children in kinship care arrangements

FRANKSTON CITY COUNCIL

30 Davey Street
Frankston VIC 3199
Australia

PO Box 490
Frankston VIC 3199

Phone 1300 322 322

frankston.vic.gov.au

Seaford » Frankston » Langwarrin » Karingal » Skye » Frankston South »
Frankston North » Carrum Downs » Langwarrin South » Sandhurst

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