

2025

FRANKSTON YOUTH SERVICE PROGRAMS GUIDE



(03) 9768 1366
youthcentral@frankston.vic.gov.au
www.frankston.vic.gov.au/youth





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ABOUT US

SUPPORT | PROGRAMS | EVENTS

Frankston Youth Service acknowledges and pays respect to the Bunurong People, the Traditional Custodians of these lands and waters.

Frankston Youth Service offers a range of services and supports for young people aged 12 to 24 years who live, work, study and/or are connected to the Frankston municipality.

We're dedicated to creating a safe, inclusive, and accessible space for all young people. Our programs are alcohol and drug-free, and staffed by experienced Youth Workers. To ensure we can best meet your individual needs, please contact us at 9768 1366 before attending.

CONTACT US for more information.



youthcentral@frankston.vic.gov.au



(03) 9768 1366



@FrankstonYouthService: bit.ly/FYSFacebook



#FrankstonYouthService: bit.ly/FYSInsta



YOUTH SPACES



HANGOUT

Youth Hangouts provide young people with a safe and inclusive drop-in space for social connection and support through recreational activities and workshops, services including:

- Connection and support from youth workers
- Recreational activities:
Gaming, table-tennis, pool, crafting, cooking and more...
- Hot/cold food and drink
- Referrals and information about services
- FREE access to Wi-Fi, PCs and printing

Frankston Youth Central Programs:

- Referrals and information about services
- Education and employment support
- Training opportunities and life skills

For more information on Youth Central Programs please contact:
Shay 0459 912 400

Sites are located at seven locations across the municipality, including Frankston Central (Youth Central), Frankston North, Frankston South, Karingal, Seaford, Carrum Downs, and Langwarrin.

For more information, visit: [Frankston Youth Service: bit.ly/FYSHome](https://bit.ly/FYSHome)
Frankston Youth Central 9768 1366

YOUTH HANGOUTS

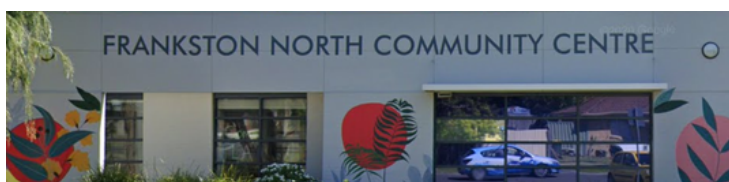
Youth Services Program Registrations forms are available at:
bit.ly/FYSRegistration



**SEAFORD
HANGOUT**
Monday 3 PM - 5 PM
1/6R Broughton St Seaford
Kellie 0488 591 421



**FRANKSTON SOUTH
HANGOUT**
Monday 3 PM - 5 PM
55 Towerhill Rd. Frankston South
Tilly 0488 591 855



**FRANKSTON NORTH
HANGOUT**
Tuesday 3 PM - 5 PM
28 Mahogany Ave. Frankston North
Shay 0459 912 400



**FRANKSTON CENTRAL
HANGOUT**
Wednesday & Friday 3 PM - 5 PM
60A Playne St. Frankston
9768 1366



**CARRUM DOWNS
HANGOUT**

Based at CDSC Wednesday Lunchtime
Samme 0409 741 171



**KARINGAL
HANGOUT**
Thursday 3 PM - 5 PM
103 Ashleigh Ave. Karingal
Cal 0488 599 249



**LANGWARRIN
HANGOUT**
Friday
Based at EMC Lunchtime
Scotty 0488 590 917



**WHAT BUS
MOBILE HANGOUT**
Roving and by EOJ
9768 1366
bit.ly/FYSWHAT

For more information contact Youth Central on 9768 1366 or
youthcentral@frankston.vic.gov.au



HOLIDAY PROGRAMS

CONTACT

Youth Central

Ph: 9768 1366

[Frankston Youth Service: bit.ly/FYSHome](https://bit.ly/FYSHome)

The Holiday Programs are fun and interactive activities that are designed for young people aged 12-24 years.

We aim to be as inclusive and accessible as possible by offering a safe, alcohol and drug free environment, in the presence of our experienced Youth Workers.

We provide a variety of different activities for young people, such as:

- Education / Qualifications / Training
 - LGBTIQA+ Programs
 - Indigenous Cultural Programs
 - Crafting
 - Gaming
 - Sports
 - Excursions
 - Competitions
- And more...!

A great time for young people to gain new skills and meet new people.

For our latest Holiday Program, visit:

[Frankston Youth Services Holiday Programs: bit.ly/FYSSHP](https://bit.ly/FYSSHP)





FRESH

Frankston FReeZA

 [fresh.frankston](https://www.instagram.com/fresh.frankston)  [freshfrankstonfreeza](https://www.facebook.com/freshfrankstonfreeza)

 www.freeza.vic.gov.au

 VICTORIA
State Government

 Frankston City

 Frankston
youth
service



CONTACT

freeza@frankston.vic.gov.au

Imogen or Eliza: 0439 351 433

bit.ly/FYSFReeZA

Ph: 9768 1366

FRESH

FRANKSTON FREEZA

YOUTH COMMITTEE
MUSIC, ARTS + CULTURE
ALL AGES EVENTS

Fresh Frankston FReeZA, often referred to as 'Fresh,' is the ultimate youth development program. It offers young people the chance to enjoy accessible and affordable all-ages live events in safe, inclusive, drug, smoke, and alcohol-free supervised venues. Since the '90s, Fresh has rocked open mic nights, epic battle of the bands, craft markets, skateboard comps, and sell-out gigs.

Thanks to the incredible support of Frankston City Council and FReeZA grants from the Victorian Government, you can join something truly amazing! How? By becoming a part of our FReeZA crew, of course! Fill out an application form or get in touch for more information.

Fresh FReeZA Youth Team

A group of volunteers who meet and collaborate to create live events for the Frankston community. Team members can develop skills in event management, promotions and design, lighting/sound production, photography and more, as well as developing friendships and networks.

HOW TO APPLY

Application forms available at:
linktr.ee/fresh.frankston





FRESH

Frankston FReeZA

 [fresh.frankston](https://www.instagram.com/fresh.frankston)  [freshfrankstonfreeza](https://www.facebook.com/freshfrankstonfreeza)

 www.freeza.vic.gov.au









FREEZA

RECORDING STUDIO

FREE RESOURCE FOR YOUNG
MUSICIANS AND ASPIRING
AUDIO ENGINEERS



Artists

If you're an artist aged 12-25 and eager to record your original music, our professional recording studio at Ebdale Community Hub is waiting for you! We'll team you up with our fantastic volunteer engineers to capture your unique sound.

Audio Engineers

If you're a budding audio wizard, consider becoming a Volunteer Engineer yourself! Dive into hands-on experience now and work with local artists to bring their sounds to life.

Hire The Space

Are you an organisation working with young people? Our recording studio is available for room hire, perfect for music, podcasts, or any creative audible projects you have in mind. We've got you covered! Contact us to become a studio hirer.



HOW TO APPLY

Application forms available at:
linktr.ee/fresh.frankston

CONTACT

freeza@frankston.vic.gov.au
Imogen or Eliza: 0439 351 433
bit.ly/FYSFReeZA
Ph: 9768 1366



YOUTH LEADERSHIP OPPORTUNITIES



YOUTH COUNCIL ADVOCACY + ACTION GROUP

Frankston Youth Council is a dynamic and vibrant committee dedicated to empowering young individuals through meaningful engagement in volunteering, community-based programs, and training initiatives in the Frankston area.

Our community-based programs aim to address the unique needs of the neighborhoods we serve, promoting inclusivity and unity. Our training programs equip young leaders with the skills and knowledge necessary to tackle contemporary challenges, ensuring that they are well-prepared to be effective advocates for positive change.

The Youth Council is a catalyst for building a generation of compassionate, skilled, and socially conscious individuals ready to shape a brighter future.

HOW TO APPLY

visit: bit.ly/YoCoFYS



NEXGEN

YOUTH ADVISORY GROUP



Our NexGen Group provides opportunities for young people to have their say and advise Frankston Youth Services program delivery and event development.

Frankston Youth Services is inclusive and encourages young people from all backgrounds and abilities, including those who identify as Aboriginal and Torres Strait Islander, Culturally and Linguistically Diverse, and LGBTQIA+, to apply to ensure we create a safe space for all young people in the community.

HOW TO APPLY

visit: bit.ly/FYSNexGen



PARTNERSHIP PROGRAMS

PROJECT-Y



Project-Y is a collaborative of local stakeholders and youth service providers working together to connect with and support young people who may be disengaged from education and employment by providing them with wraparound support, positive connections to their local community, and guidance towards a path that will allow them to pursue their passions and aspirations. We also provide advocacy and support to young people at Frankston Children's Court with local services.

For more information, contact:

Youth Central: 9768 1366

Shay: 0459 912 400

Or visit:

Project-Y: bit.ly/FYSPY

PROJECT-Y



STRONG MUMS STRONG BUBS



Strong Mums Strong Bubs is a supportive and empowering group of young mums that focuses on challenges that are not typically spoken about as one prepares to be a parent. This 12 week program aims to nurture a safe, inclusive and non-judgmental space where young mothers can connect, share experiences, access valuable resources and allow them to build a strong network with other young mums to continue a strong friendship after the program.

By providing a safe space for education, mental health, emotional support, and skill development, the Young Mums Group aims to empower young mothers to navigate the complexities of parenthood, pursue personal and educational goals, and build a resilient and thriving future for both themselves and their children.

Using various interactive activities that have a clear focus each week, that mums can participate in, but also participate with a little person beside them, who can also be involved, or just sit next to their safe person/caregiver.

For more information, contact:

Youth Central: 9768 1366

Tilly: 0488 591 855

www.frankston.vic.gov.au/youth

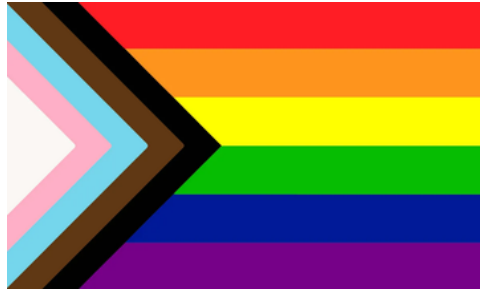


PARTNERSHIP PROGRAMS

PENINSULA PRIDE

CONTACT

Cal: 0488 599 249



Peninsula Pride "Under the Rainbow" - in partnership with Headspace Frankston and Mornington Peninsula Youth Services

Provides young LGBTIQ+ people, aged 12 -17 years, a safe space to socialise and develop friendships with other LGBTIQ+ young people.

For more information, visit:

Peninsula Pride: bit.ly/FYSPride

Or call:

Cal: 0488 599 249

Headspace Frankston: 9769 6419

TAC L2P PROGRAM

CONTACT

L2P@frankstonvic.gov.au

Sally: 0408165110



The TAC L2P Learner Driver Mentor Program is a community based program providing on road driving experience to learner drivers who would otherwise find it difficult to accrue the minimum amount of experience required.

With the assistance of experienced volunteer mentor driving supervisors, Council coordinates this program in the City of Frankston.

This is a **FREE** service for eligible young people to help them gain the necessary skills to obtain their Probationary Licence.

For more information, visit:

L2P: bit.ly/FCCL2P

LIVING THE DREAM FOUNDATION

CONTACT

Cindi: 0448 512 199



Living the Dream Foundation provides organised fitness activities, information about healthy diet, lifestyle and wellbeing.

The program is designed for young people aged 15-24 who may be disengaged, and aims to foster their confidence and development by empowering them to take responsibility for their health and wellbeing, while establishing healthy habits and routines for life.

For more information, visit:

livingthedream.org.au



YOUTH EVENTS

Frankston Youth Service host many exciting youth events throughout the year.

- NAIDOC Week
- Wear it Purple Day
- R U OK? Day
- YES Awards (Youth Empowerment Showcase)
- Youth Service Open Day
- Cultural workshops and so much more!



For more details about upcoming events:
CONTACT

Frankston Youth Services: bit.ly/FYSEvents
youthcentral@frankston.vic.gov.au





WHAT BUS

GAMES | SUPPORT | INFO



Frankston Youth Service's mobile youth 'What Bus' delivers youth support services to the Frankston municipality. Our bus is custom fitted with gaming facilities, laptop stations, giant games and much more. The 'What Bus' can be found at the local foreshore, skate parks, the Youth Hangouts, community centres, schools, shopping centres and youth hotspots. Our youth workers are able to provide information and advice, games and activities, a safe space to hang out at events, and targeted outreach support to young people in the Frankston municipality.

Bookings available.

For more information:

CONTACT

Scott: 0488 590 917

Whatbus: bit.ly/FYSWHAT



CONTACT

youthservices.whatbus@frankstonvic.gov.au

9768 1366

SCHOOL BASED PROGRAMS

Frankston Youth Services offer a range of **FREE** programs to all schools in the Frankston municipality. Programs can be tailored to meet the needs of your school or can be offered as pre-packaged programs. If you would like a program to be tailored to your school's needs please contact Frankston Youth Services to discuss your options.

GRADE 6 TRANSITION

Audience

Grade 6 students

This program aims to assist young people with the transition from Primary to Secondary school through exploration of strengths, support people and opportunities available to them throughout their high school experience. The importance of seeking support and the idea of Year 7 as a time for exploration and discovery are discussed. This program can be tailored to your school's specific needs.

THE WHAT PROGRAM

Audience All Students

The 'WHAT Program' aims to empower students by exploring various topics and opportunities, connecting them to community, and raising awareness of local programs, events, and support services that allow them to pursue their passions and aspirations, while providing ongoing support in response to current challenges and needs. This is done through engaging and interactive workshops, with the ability to tailor sessions to the specific student needs identified by the school and their young people. This targeted approach will ensure sessions are purposeful, relevant, and engaging regardless of year level and specific cohort needs.

THE WHAT BUS

Audience All Students

The 'What Bus' is used for youth outreach within all Frankston LGAs and can also be hired out for outreach opportunities that align with Frankston Youth Services' core purpose in providing support and engagement for young people within the Frankston Municipality.

Hire The 'What Bus' for events, school or community wellbeing days, open days, sports days, festivals, youth/ student recognition events and more.

INFORMATION SESSIONS

Audience All Students

An engaging and interactive information session offering an overview of the programs, supports and events offered by Frankston Youth Service. typically delivered in 5 - 10 mins to a large audience such as school assembly

CENTRE VISIT

Audience

All Students

60a Playne Street
FRANKSTON

Youth Central welcomes school visits Monday to Friday! We offer an engaging introduction to our space and support services for secondary school students. Visits typically last 2 hours and include fun activities like badge making, crafts, gaming, and pool, plus the option of a sausage sizzle. Our team will also provide a brief overview of our programs and support for young people.

We're located next to the Frankston Library. If you'd like to arrange a visit for your students, please feel free to reach out.

For more information, visit:

School Based Programs: bit.ly/FYSSBP

Contact: 9768 1366

Bec



Coordinator
0408 730 224

**FRANKSTON
YOUTH SERVICE**



Jane



Practice Leader
0488 590 448

**FRANKSTON
YOUTH SERVICE**



THE TEAM!

bit.ly/FYSContacts

Shay



Youth Worker
0459 912 400

**FRANKSTON
CENTRAL
HANGOUT
PROJECT Y
OUTREACH**



Tilly



Youth Worker
0488 591 855

**FRANKSTON
SOUTH
HANGOUT
YOUTH
COUNCIL**



Kellie



Youth Worker
0488 591 421

**SEAFORD
HANGOUT
YOUTH
EVENTS**



Scotty



Youth Worker
0488 590 917

**LANGWARRIN
HANGOUT
RESPECTFUL
RELATIONSHIPS**



Cal



Youth Worker
0488 599 249

**KARINGAL
HANGOUT
LGBTIQA+**



Immy & Eliza



Youth Worker
0439 351 433

**FReeZA
FRESH
RECORDING STUDIO**





**Last updated
Feb 2025**

For the most updated version, please visit
www.frankston.vic.gov.au/youth